

**Frauen - Equipment**

Frauen 44 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat															
Bench															
Deadlift															
Total															
Frauen 48 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	45														
Bench	35														
Deadlift	80														
Total	160														
Frauen 52 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	130						140	91							
Bench	60						72,5	47,5							
Deadlift	141						150	103,5							
Total	331,5						362,5	237							
Frauen 56 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	100						100	100		103					
Bench	95						45	50,5		30					
Deadlift	115						115	105		100					
Total	295						260	255		233					
Frauen 60 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	180						105								
Bench	115						57,5								
Deadlift	185						130								
Total	480						292,5								
Frauen 67,5 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	175				80		175								
Bench	135				40		135								
Deadlift	175,5				110		175,5								
Total	485,5				225		485,5								
Frauen 75 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	196						196								
Bench	143						143								
Deadlift	175						175								
Total	514						514								
Frauen 82,5 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	230														
Bench	120														
Deadlift	268														
Total	618														
Frauen 90 kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	240	70													
Bench	132,5	40													
Deadlift	250	100													
Total	612,5	210													
Frauen 90+ kg	Open	13-15*	16-17	18-19	Junior	Subm	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
Squat	230							147,5							
Bench	127							100							
Deadlift	215							172,5							
Total	572,5							420							

**Frauen - Equipment**

Frauen 44 kg	Open			Subm			Junior		
Squat									
Bench									
Deadlift									
Total									
Frauen 48 kg	Open			Subm			Junior		
Squat	45	C.Fiegl							
Bench	35	C.Fiegl							
Deadlift	80	C.Fiegl							
Total	160	C.Fiegl							
Frauen 52 kg	Open			Subm			Junior		
Squat	130	E.Zehethofer							
Bench	60	E.Zehethofer							
Deadlift	141	E.Zehethofer							
Total	331,5	E.Zehethofer							
Frauen 56 kg	Open			Subm			Junior		
Squat	100	B.Buhl							
Bench	95	C.Müller							
Deadlift	115	B.Buhl							
Total	295	C.Müller							
Frauen 60 kg	Open			Subm			Junior		
Squat	180	D.Ranner							
Bench	115	D.Ranner							
Deadlift	185	D.Ranner							
Total	480	D.Ranner							
Frauen 67,5 kg	Open			Subm			Junior		
Squat	175	M.Zimmer				80	C.Dörer		
Bench	135	M.Zimmer				40	M.Arbinger		
Deadlift	178,5	M.Liebers				110	C.Dörer		
Total	485,5	M.Zimmer				225	C.Dörer		
Frauen 75 kg	Open			Subm			Junior		
Squat	196	M.Zimmer							
Bench	143	M.Zimmer							
Deadlift	225	C.Blair							
Total	514	M.Zimmer							
Frauen 82,5 kg	Open			Subm			Junior		
Squat	230	C.Blair							
Bench	120	C.Blair							
Deadlift	268	C.Blair							
Total	618	C.Blair							
Frauen 90 kg	Open			Subm			Junior		
Squat	240	C.Blair							
Bench	132,5	E.Pongracz							
Deadlift	250	C.Blair							
Total	612,5	C.Blair							
Frauen 90+ kg	Open			Subm			Junior		
Squat	230	E.Pongracz							
Bench	127	E.Pongracz							
Deadlift	215	E.Pongracz							
Total	572,5	E.Pongracz							

**Frauen - Equipment**

Frauen 44 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 48 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 52 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 56 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 60 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 67,5 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 75 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 82,5 kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									
Frauen 90 kg	T13-15*			T16-17			T18-19		
Squat	70	I.Zierhofer							
Bench	40	I.Zierhofer							
Deadlift	100	I.Zierhofer							
Total	210	I.Zierhofer							
Frauen 90+ kg	T13-15*			T16-17			T18-19		
Squat									
Bench									
Deadlift									
Total									

**Frauen - Equipment**

Frauen 44 kg	M40-44			M45-49			M50-54	
Squat								
Bench								
Deadlift								
Total								
Frauen 48 kg	M40-44			M45-49			M50-54	
Squat								
Bench								
Deadlift								
Total								
Frauen 52 kg	M40-44			M45-49			M50-54	
Squat	140	E.Zehethofer		91	K.Heindl			
Bench	72,5	E.Zehethofer		47,5	K.Heindl			
Deadlift	150	E.Zehethofer		103,5	K.Heindl			
Total	362,5	E.Zehethofer		237	K.Heindl			
Frauen 56 kg	40-44			45-49			M50-54	
Squat	100	B.Buhl		100	K.Heindl			
Bench	45	B.Buhl		50,5	K.Heindl			
Deadlift	115	B.Buhl		105	K.Heindl			
Total	260	B.Buhl		255	K.Heindl			
Frauen 60 kg	40-44			45-49			M50-54	
Squat	105	B.Buhl						
Bench	57,5	B.Buhl						
Deadlift	130	B.Buhl						
Total	292,5	B.Buhl						
Frauen 67,5 kg	40-44			45-49			M50-54	
Squat	175	M.Zimmer						
Bench	135	M.Zimmer						
Deadlift	175,5	M.Zimmer						
Total	485,5	M.Zimmer						
Frauen 75 kg	40-44			45-49			M50-54	
Squat	196	M.Zimmer						
Bench	143	M.Zimmer						
Deadlift	175	M.Zimmer						
Total	514	M.Zimmer						
Frauen 82,5 kg	M40-44			45-49			M50-54	
Squat								
Bench								
Deadlift								
Total								
Frauen 90 kg	M40-44			45-49			M50-54	
Squat								
Bench								
Deadlift								
Total								
Frauen 90+ kg	M40-44			45-49			M50-54	
Squat				147,5	S.Kertelits			
Bench				100	S.Kertelits			
Deadlift				172,5	S.Kertelits			
Total				420	S.Kertelits			

**Frauen - Equipment**

Frauen 44 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 48 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 52 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 56 kg	M55-59			M60-64			M65-69		
Squat	103	K.Heindl							
Bench	30	K.Heindl							
Deadlift	100	K.Heindl							
Total	233	K.Heindl							
Frauen 60 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 67,5 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 75 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 82,5 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 90 kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									
Frauen 90+ kg	M55-59			M60-64			M65-69		
Squat									
Bench									
Deadlift									
Total									

**Frauen - Equipment**

Frauen 44 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 48 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 52 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 56 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 60 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 67,5 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 75 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 82,5 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 90 kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									
Frauen 90+ kg	M70-74			M75-79			M80+		
Squat									
Bench									
Deadlift									
Total									